

## SPECIAL PACKAGE BY LINDA MEREDITH FOR AYURAH

### LM-DUO FACIAL PACKAGE

90-Minutes

This 90 minutes facial package starts with Haute Couture Facial and a choices of Collagen mask or Linda Meredith O2 or V-Tox depend on your skin needed

LM-DUO-1	HAUTE COUTURE FACIAL AND	COLLAGEN MASK
LM-DUO-2	HAUTE COUTURE FACIAL AND	LINDA MEREDITH O2
LM-DOU-3	HAUTE COUTURE FACIAL AND	V-TOX OXYGEN

### LM-TRIO FACIAL PACKAGE

120-Minutes

Optimize your skin's health and radiance with this specially designed treatment that starts with HAUTE COUTURE FACIAL follow by Collagen mask and finish by a choices of Linda Meredith O2 or V-Tox Oxygen.

LM-TRIO-1	HAUTE COUTURE FACIAL, COLLAGEN MASK AND	LINDA MEREDITH O2
LM-TRIO-2	HAUTE COUTURE FACIAL, COLLAGEN MASK AND	V-TOX OXYGEN

## AYURAH Facial by Linda Meredith

### HAUTE COUTURE FACIAL

60 Minutes

A Course of 5 Treatment	THB 18,000++
A Course of 10 Treatment	THB 36,000++

### COLLAGEN MASK

45 Minutes

A Course of 5 Treatment	THB 14,000++
A course of 10 Treatment	THB 27,500++

### LINDA MEREDITH O2

45 Minutes

A Course of 5 Treatment	THB 16,000++
A course of 10 treatment	THB 32,000 ++

### V-TOX OXYGEN

45 Minutes

A Course of 5 Treatment	THB 20,000++
A course of 10 treatment	THB 40,000++

### LM-DUO FACIAL PACKAGE

90-Minutes

LM-DUO-1	THB 6,400++
LM-DUO-2	THB 7,200++
LM-DOU-3	THB 7,600++

### LM-TRIO FACIAL PACKAGE

120-Minutes

LM-TRIO-1	THB 9,600++
LM-TRIO-2	THB 10,400++

### A Course of 5 Treatments

THB 14,500++

- 2x Haute Couture Facial
- 1x Collagen Mask
- 1x Linda Meredith O2
- 1x V-TOX Oxygen

### A Course of 10 Treatments

THB 29,000++

- 4x Haute Couture Facial
- 2x Collagen Mask
- 2x Linda Meredith O2
- 2x V-TOX Oxygen



LINDA MEREDITH  
Skin care by Ayurah



Product	Content/ml/g	Price/THB
GEL CLEANSER	35	1,100
	130	2,700
CREAM CLEANSER	35	1,100
	130	2,700
HYDRATING MIST	40	1,400
	130	2,700
GOMMAGE	35	1,400
	130	3,400
PHYTO 4+	35	2,700
	100	5,500
NET -45	35	3,100
	100	5,500
SERUM	35	3,100
	100	6,200
COLLAGEN	35	3,800
	100	6,800
AMAZON	35	7,900
	50	10,300
V- TOX 50	35	3,800
	50	6,800
EYE GEL	35	4,100
Q3	35	3,400
	100	8,200
LM1	35	6,600
AMAZON ENZYME PEEL	100	6,200
HYDRATING BODY CREAM	200	2,700
MASK UNIQUE CLAY	100	3,400
LM2	35	3,100
	100	5,500
E.M.U.R	35	1,400
	100	8,200
S.P.F-45	35	1,400
LM OXYGEN MASK	BOX OF 3	8,200





**AYURAH**  
WELLNESS CENTER



**LINDA MEREDITH**  
by Ayurah



Linda Meredith has earned the title “Queen of Facials” since opening her exclusive salon in Knightsbridge, London. Her treatments and skin care products have attracted more celebrities from the world of fashion, music and film than any other salon establishing an International reputation.

The Linda Meredith skincare range was developed to deal with skin problems and not skin types, which is why we introduced layering. Our entire range was developed to overlap and each product work in harmony to address individual issues. We all know that some days we may feel tight, other days we may have dry patches or breakouts, for this reason each product within the range has been designed with certain attributes but when overlapped the effectiveness is increased, normalizing skin and revealing a natural glowing complexion.

All of our products work to increase hydration levels and help to slow down the ageing process but more than that we have removed unnecessary chemicals such as paraben and made all of our products safe to use during pregnancy.

Our concept is to feed the skin with essential ingredients as we feed our body and we believe this is the way forward to the next generation of skincare products.

The results speak for themselves.

## HAUTURE COUTURE FACIAL

60-Minutes

Haute Couture meaning individually designed for each client, the most popular being the deep cleanse. After cleansing a thorough consultation is carried out by the therapist to assess any skin problems. A product is applied to plump the skin before five minutes of steam to open the pores. Gentle extraction is carried out where necessary followed by a natural micro-glycolic serum to remove dead cells and clean deep beneath the surface. Its anti-bacterial effect helps with the reduction of everyday breakouts and removing dead skin cells softens fine lines and wrinkles. A fine layer of glycolic is applied to sensitive skin and is removed immediately but further layers can be applied to stronger skin creating a firming effect. This is followed by a massage and mask with personalized products chosen by the therapist to produce the best possible results.

**THE HAUTE COUTURE FACIAL OPTIONS** Deep Cleansing, Re-Surfacing, Firming, Hydrating, Anti-Ageing, Nourishing

## COLLAGEN MASK

45-Minutes

Collagen is essential to skin regeneration. A fine sheet impregnated with freeze dried collagen is moistened into the contours of the face. This process reactivates the collagen which is then allowed to absorb deep into the epidermal layers of the skin acting as a powerful skinmoisturiser. Collagens are incredibly efficient building materials that support the structure of the skin. Our bodies production of collagen slows down in the mid twenties but the effects are not visible on the surface until our mid-thirties. Collagen is an important component of the connective tissue within the skin and the mask allows the preserved collagen to be effectively used both in cosmetic and dermatological areas. Collagen is the most powerful skin moisturiser and when absorbed will increase skin regeneration. Just a single treatment can greatly improve the appearance of the skin, calm and soothe irritations especially after exposure to ultra-violet light or hair removal. It also improves the skin’s ability to absorb specific active ingredients and increase their effectiveness. In courses of 6 or more treatments wrinkles visibly reduce. All these effects combine for a most effective salon treatment, useful for increased skin regeneration, scar or wrinkle reduction and highly effective hydration.

## LINDA MEREDITH O2

45-Minutes

Oxygen is nature’s most powerful healing element and by infusing it into the skin healthy cell regeneration will increase and fine lines and wrinkles visibly reduce. For oxygen to work efficiently it requires a carrier that will hold it deep in the layers of the skin and slowly release its healing properties. There are many oxygen treatments available but what makes the LM oxygen treatments unique is the combination of medical grade oxygen and the vitamin-enriched serum. The air around us contains 75% Nitrogen and 20.8% Oxygen and through a special filter within the machine the Nitrogen is converted into Oxygen allowing 96% oxygen to be delivered at five litres per minute into the skin producing amazing results. The best results are obtained with a course of six treatments close together and then the effects will remain over a period of months. Top up treatments can then be carried out when required. The Oxygen serum is a professional product and therefore not for retail. However the retail version of the oxygen serum is LM2 and can be used as a moisturiser in your home care regime.

## V-TOX OXYGEN

45-Minutes

Botox is a registered trademark of Allergan a US based company. It is used to freeze certain muscles in the face to reduce expression and age lines. The LM alternative is called V-TOX that uses algae derivatives to relax the skin. Our product was designed for those clients who did not want to have a toxin injected into the skin as well as for women who are pregnant and should refrain throughout their pregnancy. It is a more effective treatment for those with deeper frown lines no matter what age. The Standard Oxygen treatment is carried out and then the V-TOX is added to specific areas that need to be treated or a fine layer can be applied generally over the entire face and neck. The product is then infused into the skin by the steady flow of oxygen. The best results are achieved with a course of six treatments close together so that the effects remain over a period of months. The V-TOX can also be purchased to use morning and night under moisturiser to maintain the effects.