

# ALL DAY DINING MENU

# WELLNESS CUISINE

## NUTRITIOUS STARTERS



**KETO MACKEREL** GF GI LC HP HT 320

Seared mackerel fillet, crushed Chiang Mai avocado, quail eggs, Walnut, ketones that generate during the keto diet provide Neuroprotective benefits, strengthening and protecting the brain and nerve cells



**PROSCIUTTO & MELON** GF GI 320

A genius twist on traditional melon and parma, Our chef lovingly grill the watermelon until it's fragrant and naturally sweeten which then set off the aromatic authentic prosciutto di parma 18 months that we have selected to present to you



**VEGAN MUSHROOM** GF VE 220

This delicious & creamy mushroom is dairy free, gluten free, and is made without any added flour. It's made with wild mushrooms, light yet creamy. It's heart healthy, low fat, and oh so good.



**HUMMUS TACO** VE LF HT 260

Crispy corn taco shell, organic mix lettuce, hummus, shallot, confit tomato



**SEA-BASS TACO** HP HT GI 280

Seared sea-bass, crispy corn taco shell, guacamole mayo, organic lettuce selection, lemon



**BEEF TACO** HP 290

AUS beef, cheddar cheese, onion, tomato, lettuce, sour cream

🥛 Dairy
🥜 Nuts
🐷 Pork
🐠 Seafood
GI Low Glycemic Index
VE Vegan  
GF Gluten Free
LC Low Carb
HP High Protein
LF Low Fat
HT Heart Healthy
R Raw Food

ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX



# WELLNESS CUISINE

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 GF Gluten Free LC Low Carb HP High Protein LF Low Fat HT Heart Healthy R Raw Food

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# WELLNESS CUISINE

## SUPER BOWLS



**WELLNESS BOWL** GI HP 420

Salmon, tuna, avocado, edamame, salmon roe, tamago, mango, berry rice, and other superfood ingredients makes this a healthy and satisfying treat



**BUDDHA BOWL** GF GI VE HT 380

Featuring homemade tahini sauce, avocado, curried chickpeas, toasted sweet potato, broccoli and quinoa no dairy, gluten free, vegan, high protein, low glycemic index, high fiber, all superfood goodness



**CRAB MEAT INCA SALAD BOWL** GI LC 490

Giant lump crab meat served with quinoa tri color salad and nam yum



**GLOW BOWL** VE GF R GI HT 230

Powerful antioxidant super food snack



### •• ALEENTA BEACH DINING EXPERIENCE

Join us for a wonderful evening of exotic cuisine and delicious wine, whilst dining under the canopy of Mother Nature's natural beauty. Cool breezes and sumptuous food are but the beginning of this evening. Our team will personally attend to your every need, whilst feeling totally alone on this romantic beach.



### •• ALEENTA BEACH CAFE

Our Beach Cafe is the perfect hangout for enjoying a coffee, fresh juice or snack with a superb view of the ocean.

Don't forget to spend some time here whilst visiting Aleenta

Open daily 12pm - 7pm

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# ALL DAY YUMMIES

## HEALTHY FOOD



Rich, smooth, creamy and refreshing Acai Bowls are here at Aleenta Beach Cafe!

Enjoy our guilt free food with premium fresh fruit and superfood toppings. We use Single Origin Acai to keep consistency in taste and quality, and our bowls are crafted with passion and care and taste as great as they look!

### Acai benefits

- Immunity Booster
- Promotes Glowing Skin
- Muscle Recovery
- Healthy Fats
- Good Digestion
- Lower Cholesterol



### ACAI GREEK YOGURT BOWL HT LC 340

Acai puree, Greek yogurt, Frozen banana, Fresh kiwi, Fresh strawberry, Fresh blueberry, Fresh mango, Coconut flakes, Pumpkin seeds, Sunflower seeds, Homemade granola



### CRUNCHY NUTTY Acai BOWL HP LC 340

Acai berry powder, Almond milk, Frozen banana, Frozen blueberry, Frozen strawberry, Peanut butter, Sliced banana, Coconut flakes, Pumpkin seeds, Sunflower seeds, Flax seeds, Homemade granola



### GREEN AVOCADO Acai BOWL HT LC 340

Acai puree, Almond milk, Young baby spinach, Frozen Banana Avocado green, Fresh blueberry, Fresh kiwi, Peanut butter, Walnut, Fresh blueberry, Coconut flakes



### MIXED BERRY Acai BOWL HT LC 340

Acai berry powder, Almond milk, Peanut butter, Frozen blueberry, Frozen blackberry, Frozen strawberry, Frozen blueberry, Dried goji berry, Chai seeds, Flax seeds, Homemade granola, Coconut flakes

🥛 Dairy   🥜 Nuts   🐷 Pork   🐠 Seafood   🌿 Low Glycemic Index   🌱 Vegan  
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# ALL DAY DINING

## WESTERN COMFORT



**BUFFALA SALAD** LG LC GF 350  
Buffalo mozzarella "Bocconcino", vine cherry tomato (Raw & Roasted), basil leaves, extra virgin olive oil.



**NICOISE SALAD** HP HT LF LC 360  
Char grilled tuna fillet, green haricot, tomato, hard-boiled quail eggs, new potato, anchovies, kalamata olives, lemon vinaigrette



**ALEENTA CLUB SANDWICH** HP HT 380  
An authentic club sandwich with all its trimmings and fanfare that makes this dish your favorite go to comfort food. Perfectly balanced within the homemade toast are the perfectly fried eggs, streaky smoke bacon, and smoked chicken, and of course crunchy lettuce and heirloom tomatoes



**ALEENTA SIGNATURE BURGER** HP 470  
This is no ordinary burger, we make it with love. The bun is freshly baked in the bakery, high grade beef patty topped with fried egg on melted cheddar, bacon and slowly caramelized onions, served with hand cut fries.



**CRISPY CALAMARI** 280  
Crispy crumbed Pak Nam Pran squid and tartare sauce



**FRENCH FRIES** 150  
Homemade potato fries with condiments

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# ALL DAY DINING

## WESTERN COMFORT



**BACON HONEY DIJON SALAD** HP 🥓 🌰 🥗 280  
A delicious mix of cos, cherry tomatoes, almond sticks, bacon, shredded parmesan cheese, croutons and honey lemon dressing



**ALEENTA WALDORF SALAD** LC GF VE 🥗 280  
Organic mix lettuce, celery, grapes, walnut, green apple in plant-based ranch dressing (plant-based mayo & yogurt)

🥛 Dairy 🌰 Nuts 🥓 Pork 🍤 Seafood GI Low Glycemic Index VE Vegan  
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# ALL DAY DINING

## WESTERN COMFORT



**MEDITERRANEAN BARLEY SALAD** GF LC 290

Organic barley, feta cheese, roasted heirloom tomatoes, red onion, kalamata olive, bell pepper. Full of fiber, vitamins, and minerals (potassium, folate, iron, and Vitamin B6) supporting cardiovascular health.



**ALEENTA GREEK SALAD** GI R LF GF 220

Fresh cucumber & mint salad with feta, made of chopped raw cherry tomatoes, bell pepper, cucumber, parsley and feta cheese



**ANGEL HAIR SEAFOOD AGLIO E OLIO** 350

Easy delicious spaghetti with seafood, olive oil, garlic and chili flakes



**CLASSIC BEEF RAGU** HP 370

Fettuccine pasta with classic beef stew, parmesan cheese



**SALMON FILLET** HP HT GF 520

Seared salmon fillet with lemon and wild rice



**SPAGHETTI CARBONARA** HP 350

Artisanal spaghetti pasta, Aleenta organic farm egg & parmesan cheese sauce, crispy guanciale ham, black pepper

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# ALL DAY DINING

## WESTERN COMFORT



### INTRODUCING TAJIMA WAGYU 4/5 TENDERLOIN HP

1750

Tajima Wagyu Tenderloin, known for intricate marbling. We have selected the 4-5 for you here. Special limited time only while supply lasts. Served with a selection of 2 side dishes and 2 sauces

#### SAUCE OPTIONS (CHOOSE UP TO 2)

Chimichurri • Mustard Trio • Garlic Herb Butter • House Made Teriyaki

#### SIDE DISH ( CHOOSE 2 )

Cauliflower gratin • Sautéed spinach with butter and garlic • Sweet potato fries (with truffles add THB100)  
Organic green salad with walnut and house oil and vinaigrette dressing • Truffle organic green salad (add THB100)



### AUSTRALIAN GRAIN FED RIB EYE STEAK HP

940

Prime cut of Rib Eye steak, served with hand cut fries, Caramelized onion, and roasted garlic.

Optional sauces: Mustard trio or teriyaki

Wine Pairing one glass THB1,200



#### •• SPA BUFFET

Create your own exclusive Ayurach wellness experience with your favorite treatment choices. Wellness massage therapy | Body polish  
Body nourishment | Beauty elegance: Duration 2 hours



#### •• BICYCLE ROUTE AROUND THE RESORT

Aleenta Hua Hin is the perfect destinations for enthusiastic cyclists, training triathletes, ironman hopefuls, or even just families who enjoy taking scenic bike rides together.

D Dairy  
 N Nuts  
 P Pork  
 S Seafood  
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# ALL DAY DINING

## THAI FAVORITES



**GAENG KIEW WAN GAI** 320  
Creamy of coconut green curry chicken or pork or beef or seafood



**GAIR RUE MOO SATAY** HP LC 280  
Grilled chicken or pork satay with peanut sauce and cucumber pickle



**PAD THAI GOONG** 350  
Traditional wok fried rice noodles with prawn, vegetable and tamarind sauce



**HOMOK YAANG** HP LC 250  
Char grilled Fish & curry mousse wrapped in banana leaves



**YUM WOON SEN TALAY** LF 350  
Spicy glass noodles salad with prawn, squid and mussels

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# ALL DAY DINING

## THAI FAVORITES



**KHAO PAD PORK** 🐷 290  
**KHAO PAD CHICKEN** 290  
**KHAO PAD SEAFOOD** 🐠 330  
 Fried rice with pork chicken or seafood, onion tomato mixed vegetable and fried egg

**POR PIA SOD** LF VE 230  
 Fresh farm veggies wrapped in brown rice paper with sweet chili sauce



**PAD KRA PAO PORK** 🐷 290  
**PAD KRA PAO CHICKEN** 290  
**PAD KRA PAO TUFU** 290  
**PAD KRA PAO SEAFOOD** 🐠 330  
 Stir fried pork or chicken with spicy holy basil sauce served with rice, fried egg



**TOM YUM GOONG** HT 🐠 350  
 Traditional spicy prawn soup with lemongrass broth and chili oil



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# ALL DAY DINING

## PAK NAMPRAN SPECIAL



**YUM CHA CHRAM** LC 🥥 🌿 370  
Cha chram local Thai vegetable mixed with Thai herbs and seafood



**GAENG POO BAI CHA PLU** 🌿 390  
Yellow curry with blue crab meat and wild pepper leaves served with rice noodles



**MUEK KHAI YAANG** LC HP 🌿 290  
Seared calamari eggs skewers with spicy Thai seafood sauce



**TOD MAN PLA** HP LC 290  
Snapper fillet curried fritters & string beans with sweet chili sauce



**GAJ PAD MED MA MUANG** HP 🥥 320  
Wok fried chicken with cashew nut and vegetable with chili oyster sauce



**JASMINE RICE** GF VE 50  
**ORGANIC BERRY RICE** GF GI VE 70


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# ALL DAY DINING



## WESTERN COMFORT



**MARGHERITA**  330  
Buffalo mozzarella, tomato sauce, fresh basil, EVO

**FRUTTI DI MARE**   390  
Prawn, squid, mussels, garlic, olive oil, basil, tomato sauce, mozzarella cheese

**PROSCIUTTO DI PARMA**   390  
Parma ham, rocket, parmesan, mozzarella and tomato sauce

• Gluten free pizza available with additional 30THB **GF**


**PICCANTE**   350  
Spicy Italian salami, mozzarella cheese, tomato sauce



**HAWAIIAN**   350  
Ham, bacon, pineapple, tomato, mozzarella cheese

**CHICKEN ARRABIATA**  350  
Tomato sauce, mozzarella, smoked chicken, kalamata olives, fresh basil, sundried tomato

• Gluten free pizza available with additional 30THB **GF**

**SPICY BASIL CHICKEN OR BEEF**  350  
Tomato sauce, mozzarella, stir fried chicken or beef, spicy holy basil

**GREEN CURRY CHICKEN OR BEEF**  350  
Green curry base, Thai aubergines, chicken or beef, sweet basil, mozzarella cheese

**TOM YUM GOONG**   350  
Special tomato base, mozzarella, prawns, coriander, mushrooms

• Gluten free pizza available with additional 30THB **GF**

VEGAN CHEESE OPTION AVAILABLE **VE** 150

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# WELLNESS CUISINE

## HEALTHY SWEETS



PAK NAM PRAN FRUIT SALAD **VE GF R** 240

Organic tropical fruit selection in pandan & stevia syrup sources of many essential nutrients that are under consumed, including potassium, dietary fiber, Vitamin C, and folate (folic acid). Diets rich in potassium may help to maintain healthy blood pressure



RAW CHOCOLATE TART **VE GF R** 250

Siamaya 85%(Thai local produced) dark chocolate, strawberry/chia jam, raw cacao nibs, hazelnut, cashew, raisins dark chocolate also contains antioxidants called flavonoids which improves blood flow and lowers blood pressure, also help in lower levels of low-density lipoprotein (ldl) cholesterol in the body and increase levels of high-density lipoprotein (hdl) cholesterol



WHEATGRASS SORBET **VE GF R** 210

Wheat grass jus & protein, kiwi, pineapple, coconut flowers syrup wheatgrass is a source of potassium, dietary fiber, Vitamin A, Vitamin C, Vitamin E (Alpha tocopherol), Vitamin K, thiamin, riboflavin, niacin, Vitamin B6, pantothenic acid, iron, zinc, copper, manganese, and selenium



CHIA PUDDING **VE GF R** 240

White chocolate, organic chia seeds, coconut milk, yellow mango chia seeds are one of the most nutritious foods on the planet. They're loaded with fiber, protein, omega-3 fatty acids and various micronutrients



HOMEMADE TRADITIONAL COCONUT ICE CREAM **VE** 150

Traditional coconut ice cream mixed with Lod chong traditional dessert and jack fruit topping with peanuts



### •• ALEENTA FARMER MARKET

We will be selling items from the Aleenta organic farm Aleenta farmers market is open daily 9am – 6pm

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# ALL DAY DINING

## SWEET TOOTH



### ICE CREAM 100

Strawberry :  
Mango :  
Dark chocolate :  
Organic vanilla :  
Mint chocolate chip : ★

### HANDCRAFTED SORBET 100

• Passion fruit  
• Lime

### TRADITIONAL HOMEMADE 100

• Special homemade coconut sorbet



**COCONUT CREME BRULEE** 🥛 🌱  
Organic coconut crème brulee, passion fruit sorbet

250



**MANGO STICKY** 🌱  
Ripe yellow mango, sweet sticky rice, coconut cream, sesame

190



**TIRAMISU** 🥛  
Arabica espresso coffee and mascarpone cheese mousse, lady finger biscuit, coco dust

260



**HOMEMADE CHEESECAKE** 🥛  
Choices of strawberry, mango or blueberry toppings

220

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