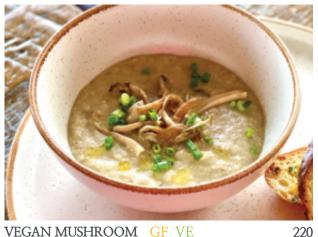
ALL DAY DINING MENU

WELLNESS CUISINE= NUTRITIOUS STARTERS



KETO MACKEREL GF GI LC HP HT S 320

Seared mackerel fillet, crushed Chiang Mai avocado, quail eggs, Walnut. ketones that generate during the keto diet provide Neuroprotective benefits, strengthening and protecting the brain and nerve cells



VEGAN MUSHROOM GF VE 220 This delicious & creamy mushroom is dairy free, gluten free, and is made without any added flour. It's made with wild mushrooms, light yet



SEA-BASS TACO HP HT GI Seared sea-bass, crispy corn taco shell, guacamole mayo, organic lettuce selection, lemon



PROSCIUTTO & MELON GF GI
 State of the aromatic authentic prosciutto di parma. Our chef lovingly grill the watermelon until it's fragrant and naturally sweeten which then set off the aromatic authentic prosciutto di parma 18 months that we have selected to present to you



HUMMUS TACO VE LF HT S 260 Crispy corn taco shell, organic mix lettuce, hummus, shallot, confit tomato



BEEF TACO HP (*) 290 AUS beef, cheddar cheese, onion, tomato, lettuce, sour cream

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280

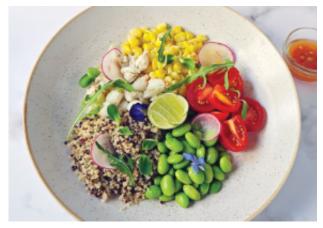
WELLNESS CUISINE=



WELLNESS BOWL GI HP 📎

420

Salmon, tuna, avocado, edamame, salmon roe, tamago, mango, berry rice, and other superfood ingredients makes this a healthy and satisfying treat



CRAB MEAT INCA SALAD BOWL GI LC **• § 490** Giant lump crab meat served with quinoa tri color salad and nam yum



•• ALEENTA BEACH DINING EXPERIENCE

Join us for a wonderful evening of exotic cuisine and delicious win, whilst dining under the canopy of Mother Nature's natural beauty. Cool breezes and sumptuous food are but the beginning of this evening. Our team will personally attend to your every need, whilst feeling totally alone on this romantic beach.



BUDDHA BOWL GF GI VE HT
 State of the second se



GLOW BOWL VE **GF R GI HT** Powerful antioxidant super food snack

230



•• ALEENTA BEACH CAFE Our Beach Cafe is the perfect hangout for enjoying a coffee, fresh juice or snack with a superb view of the ocean.

Don't forget to spend some time here whilst visiting Aleenta Open daily 12pm – 7pm

ALL DAY YUMMIES HEALTHY FOOD





ACAI GREEK YOGURT BOWL HT LC S (340) Acai puree, Greek yogurt, Frozen banana, Fresh kiwi, Fresh strawberry, Fresh blueberry, Fresh mango, Coconut flakes, Pumpkin seeds, Sunflower seeds, Homemade granola



GREEN AVOCADO ACAI BOWL HT LC S 340 Acai puree, Almond milk ,Young baby spinach, Frozen Banana Avocado green, Fresh blueberry, Fresh kiwi, Peanut butter, Walnut, Fresh blueberry, Coconut flakes

Rich, smooth, creamy and refreshing Acai Bowls are here at Aleenta Beach Cafe!

Enjoy our guilt free food with premium fresh fruit and superfood toppings. We use Single Origin Acai to keep consistency in taste and quality, and our bowls are crafted with passion and care and taste as great as they look!

Acai benefits

- Immunity Booster
- Promotes Glowing Skin
- Muscle Recovery

- Healthy Fats
- Good Digestion
- Lower Cholesterol



CRUNCHY NUTTY ACAI BOWL HP LC S 340 Acai berry powder, Almond milk, Frozen banana, Frozen blueberry, Frozen strawberry, Peanut butter, Sliced banana, Coconut flakes, Pumpkin seeds, Sunflower seeds, Flax seeds, Homemade granola



MIXED BERRY ACAI BOWL HT LC Acai berry powder, Almond milk, Peanut butter, Frozen blueberry, Frozen blackberry, Frozen strawberry, Frozen blueberry, Dried goji berry, Chai seeds, Flax seeds, Homemade granola, Coconut flakes

ALL DAY DINING WESTERN COMFORT



BUFFALA SALAD LG LC GF (2) 350 Buffalo mozzarella "Bocconcino ",vine cherry tomato(Raw & Roasted), basil leaves, extra virgin olive oil.



tomatoes



CRISPY CALAMARI
Crispy crumbed Pak Nam Pran squid and tartare sauce



NICOISE SALAD HP HT LF LC 360 Char grilled tuna fillet, green haricot, tomato, hard boiled quail eggs, new potato, anchovies, kalamata olives, lemon vinaigrette



ALEENTA SIGNATURE BURGER HP • **(1)** 470 This is no ordinary burger, we make it with love. The bun is freshly baked in the bakery, high grade beef patty topped with fried egg on melted cheddar, bacon and slowly caramelized onions. served with hand cut fries.



FRENCH FRIES Homemade potato fries with condiments



A delicious mix of cos, cherry tomatoes, almond sticks, bacon, shredded parmesan cheese, croutons and honey lemon dressing

ALEENTA WALDORF SALAD LC GF VE S 280 Organic mix lettuce, celery, grapes, walnut, green apple in plant–based ranch dressing (plant–based mayo & yogurt)



MEDITERRANEAN BARLEY SALAD GF LC **®** 290 Organic barley, feta cheese, roasted heirloom tomatoes, red onion, kalamata olive, bell pepper. Full of fiber, vitamins, and minerals (potassium, folate, iron, and Vitamin B6) supporting cardiovascular health.



ANGEL HAIR SEAFOOD AGLIO E OLIO
 350
Easy delicious spaghetti with seafood, olive oil, garlic and chili flakes



SALMON FILLET HP HT GF Seared salmon fillet with lemon and wild rice

520



ALEENTA GREEK SALAD GI R LF GF (220) Fresh cucumber & mint salad with feta, made of chopped raw cherry tomatoes, bel pepper, cucumber, parsley and feta cheese



CLASSIC BEEF RAGU HP (3) 370 Fettuccine pasta with classic beef stew, parmesan cheese



SPAGHETTI CARBONARA HP (\$ = 350 Artisanal spaghetti pasta, Aleenta organic farm egg & parmesan cheese sauce, crispy guanciale ham, black pepper

③ Dairy ③ Nuts ④ Pork ④ Seafood GI Low Glycemic Index VE Vegan

 GF Gluten Free
 LC Low Carb
 HP High Protein
 LF Low Fat
 HT Heart Healthy
 R Raw Food

 ALL PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 7% GOVERNMENT TAX



INTRODUCING TAJIMA WAGYU 4/5 TENDERLOIN HP

Tajima Wagyu Tenderloin, known for intricate marbling. We have selected the 4–5 for you here. Special limited time only while supply lasts. Served with a selection of 2 side dishes and 2 sauces

SAUCE OPTIONS (CHOOSE UP TO 2)

Chimichurri • Mustard Trio • Garlic Herb Butter • House Made Teriyaki

SIDE DISH (CHOOSE 2)

Cauliflower gratin • Sautéed spinach with butter and garlic • Sweet potato fries (with truffles add THB100) Organic green salad with walnut and house oil and vinaigrette dressing • Truffle organic green salad (add THB100)



AUSTRALIAN GRAIN FED RIB EYE STEAK HP Prime cut of Rib Eye steak, served with hand cut fries, Caramelized onion, and roasted garlic.

940

1750

Optional sauces: Mustard trio or teriyaki Wine Pairing one glass THB1,200



SPA BUFFET

Create your own exclusive Ayurah wellness experience with your favorite treatment choices. Wellness massage therapy | Body polish Body nourishment | Beauty elegance: Duration 2 hours



•• **BICYCLE ROUTE AROUND THE RESORT** Aleenta Hua Hin is the perfect destinations for enthusiastic cyclists, training triathletes, ironman hopefuls, or even just families who enjoy taking scenic bike rides together.







YUM CHA CHRAM LC
 C
 Cha chram local Thai vegetable mixed with Thai herbs and seafood



GAENG POO BAI CHA PLU 390
Yellow curry with blue crab meat and wild pepper leaves served with rice noodles



MUEK KHAI YAANG LC HP (*) Seared calamari eggs skewers with spicy Thai seafood sauce



 TOD MAN PLA
 HP
 LC
 290

 Snapper fillet curried fritters & string beans with sweet chili sauce



GAI PAD MED MA MUANG HP S 320 Wok fried chicken with cashew nut and vegetable with chili oyster sauce



JASMINE RICEGFVE50ORGANIC BERRY RICEGFGIVE70

330

390

MARGHERITA

Buffalo mozzarella, tomato sauce, fresh basil, EVO

FRUTTI DI MARE (i) (b) Prawn, squid, mussels, garlic, olive oil, basil, tomato sauce, mozzarella cheese

PROSCIUTTO DI PARMA (1) = Parma ham, rocket, parmesan, mozzarella and tomato sauce

• Gluten free pizza available with additional 30THB



SPICY BASIL CHICKEN OR BEEF Tomato sauce, mozzarella, stir fried chicken or beef, spicy holy basil

GREEN CURRY CHICKEN OR BEEF C Green curry base, Thai aubergines, chicken or beef, sweet basil, mozzarella che

TOM YUM GOONG i b Special tomato base, mozzarella, prawns, coriander, mushrooms

• Gluten free pizza available with additional 30THB



200

VEGAN CHEESE OPTION AVAILABLE VE 150

WELLNESS CUISINE= HEALTHY SWEETS



PAK NAM PRAN FRUIT SALAD VE GF R 240 Organic tropical fruit selection in pandan & stevia syrup sources of many essential nutrients that are under consumed, including potassium, dietary fiber, Vitamin C, and folate (folic acid). Diets rich in potassium may help to maintain healthy blood pressure



WHEATGRASS SORBET VE GF R 210

Wheat grass jus & protein, kiwi, pineapple, coconut flowers syrup wheatgrass is a source of potassium, dietary fiber, Vitamin A, Vitamin C, Vitamin E (Alpha tocopherol), Vitamin K, thiamin, riboflavin, niacin, Vitamin B6, pantothenic acid, iron, zinc, copper, manganese, and selenium



HOMEMADE TRADITIONAL COCONUT 150 ICE CREAM VE S

Traditional coconut ice cream mixed with Lod chong traditional dessert and jack fruit topping with peanuts



RAW CHOCOLATE TART VE GF R S 250 Siamaya 85%(Thai local produced) dark chocolate, strawberry/chia jam, raw cacao nibs, hazelnut, cashew, raisins dark chocolate also contains antioxidants called flavonoids which improves blood flow and lowers blood pressure, also help in lower levels of low-density

lipoprotein (ldl) cholesterol in the body and increase levels of highdensity lipoprotein (hdl) cholesterol



CHIA PUDDING VE GF R

240

White chocolate, organic chia seeds, coconut milk, yellow mango chia seeds are one of the most nutritious foods on the planet. They're loaded with fiber, protein, omega-3 fatty acids and various micronutrients



•• ALEENTA FARMER MARKET We will be selling items from the Aleenta organic farm Aleenta farmers market is open daily 9am – 6pm





COCONUT CREME BRULEE (8) (S) Organic coconut crème brulee, passion fruit sorbet

250

260



TIRAMISU (\$

Arabica espresso coffee and mascarpone cheese mousse, lady finger biscuit, coco dust



MANGO STICKY Ripe yellow mango, sweet sticky rice, coconut cream, sesame



220

HOMEMADE CHEESECAKE (\$) Choices of strawberry, mango or blueberry toppings