



# SPECIAL BREAKFAST OPTIONS

## CHAMPAGNE BREAKFAST IN BED



Let us spoil your loved ones with a bottle of Rosé and Roses in Bed. Comes with any dishes you wish in the menu.

With Moët 200ml THB 1,200++ per set  
With Rosé Champagne, starts at THB 2,900++ per set

## FLOATING BREAKFAST



A delightful way to wake up and take a dip in your private pool...

without champagne THB 800++ per set  
with champagne THB 1,500++ per set

## EVERYDAY... ALL DAY BRUNCH FROM 11AM UNTIL 4PM

Come & enjoy our private brunch at your leisure and without breaking the bank!

Pick any 2 dishes from our breakfast menu. Aleenta's lovely Brunch comes with our signature 3 tier stand of culinary selection and your choice of hot and cold beverage.

THB 850++ per person



## PRIVATE DINING

### BBQ DINNER ON THE BEACH

Includes your very own private chef and waiter at your service, lantern and non-alcoholic beverages.  
Price: THB 3,800++ per person

### CANDLELIGHT DINNER ON THE BEACH

A 3-course set menu including lantern for release  
Price: THB 3,200++ per person  
THB 2,500++ per person (for vegetarian)



# THE EDGE OFF NATAI BEACH BREAKFAST MENU



Good Morning... At Aleenta, breakfast is something everyone looks forward to. It's wholesome, fresh, organic, with plenty of guilty pleasures, and always delicious.

Aleenta's Signature Breakfast includes everything you can find on this menu, where you can choose any 2 dishes prepared à la minute, to order and comes with our signature 3 tiers set up of tropical fruits, homemade bread, probiotic yoghurts, homemade jam and hand cured butter, and accompanied by fresh squeezed juices, coffee and tea.

## WELLNESS BREAKFAST

### • AYURAH BIRCHER MUESLI

Organic Rolled Oats, Apple, Mango, Soya Milk, Goji Berries, Chia Seeds, Dried Fruits

### • SUPER BOWL

Quinoa, chia seeds, apricots, goji berries, edamame, mint extra virgin olive oil & honey

### • BERRY RICE MILK

Home made granola, raisins, medjool dates syrup, gooseberry

### • ORGANIC EGG WHITE OMELETTE

Toasted sourdough bread, walnut crumble, roasted cherry tomatoes, hollandaise sauce

### • 75° POACHED EGGS

In-house cured smoked salmon, muffin, smashed avocado, sprouts

### • RICEBERRY CONGEE

Soft tofu, chia seeds, ginger, coriander, scallions, crispy garlic & shallot

### • FLAXSEED PORRIDGE

Served in rice milk with fresh fruits

### • BEETROOT YOGURT

With home made granola, seasonal fruits & berries

## AYURAH YOGA RETREAT

Join us on a 3-5 days bespoke yoga retreat that includes all wellness meals, full immersion of yoga and meditation, mindfulness practices and a wellness cooking class so that you can repeat the goodness at home.

5 persons minimum, please scan the QR code for more information.





# WHOLESOME BREAKFAST

## EGGS AROUND THE WORLD



- CLASSIC OMELETTE**  
 Choices of onion, cheese, tomato, mushrooms
- GREEK OMELETTE**  
 Feta Cheese, Spinach, Tomato and Olives
- MEXICAN OMELETTE**  
 Tortilla, Mild Spices, Tomato and Avocado Salsa
- JAPANESE OMELETTE**  
 Tamago with Nori, Miso and Soya Reduction, Young Pickled Ginger
- ARABIC SHAKSHUKA**  
 Poached Eggs in Tomato Sauce, Chili Pepper, Garlic, Arabic Herbs

- THE PERFECT EGGS**  
 Cooked to Your Choice  
 • Boiled (Hard or Soft)  
 • Scrambled (Creamy French or American Dry)  
 • Poached (Perfectly Runny)  
 • Fried (Sunny Side Up or Over Easy)
- EXTRA SIDES**  
 • Baked Beans  
 • Garden Mushrooms  
 • Hash Brown  
 • Grilled Tomato  
 • Crispy Bacon  
 • Grilled Pork Sausage  
 • Grilled Chicken Sausage

## THAI CLASSICS

- KAO TOM**  
 boiled rice soup, spring onion, ginger and coriander  
 PORK 🍖  
 CHICKEN 🐔  
 PRAWNS 🍤
- THAI OMELETTE**  
 onion, chili, tomato, rice  
 PORK 🍖  
 CHICKEN 🐔  
 PRAWNS 🍤
- NOODLE SOUP**  
 vegetable broth with garden greens & crispy garlic  
 PORK 🍖  
 CHICKEN 🐔  
 PRAWNS 🍤
- FRIED RICE**  
 with your choice of  
 PORK 🍖  
 CHICKEN 🐔  
 PRAWNS 🍤
- KAI KRATHA** 🍷  
 hot pan with boiled rice minced pork, scallions chicken sausage mushrooms poached egg



## HEALTHY LIVING PROGRAMME



Join us for a 7 to 21 days retreat program that will deliver a new you. Take a journey on a healthy lifestyle and create a new habit that will help you live longer, healthier, and happier. The program includes a doctor consultation, meals plan designed by a nutritionist, private trainer and of course facial and spa.

Sample our Healthy Living Retreat for a 3 days program while you are here



# A SWEET MORNING



## LE PAIN PERDU (FRENCH TOAST)

Soaked Brioche in eggs, sprinkled with vanilla and sugar dust, top with berries and tropical fruit salad

## CREPE A LA NUTELLA

Brittany recipe from our old beloved chef Jean Louis, served with nutella and slices of ripe banana

## PANCAKE WITH MAPLE SYRUP

Fluffy and light pancake, top with berries and tropical fruit salad, icing sugar and date syrup

### COFFEE

ESPRESSO  
AMERICANO  
CAPPUCCINO  
LATTE MACCHIATO  
MOCCHACINO  
FLAT WHITE

### TEA

ENGLISH BREAKFAST  
EARL GREY  
SENGHA  
JASMINE  
OOLONG  
LEMONGRASS  
CHAMOMILE

### JUICE

ORANGE  
PINEAPPLE  
GUAVA  
MANGO  
APPLE

### H2O

DETOX, STILL

### SMOOTHIE OF THE DAY

DAILY WE MAKE FRESH FRUIT SMOOTHIE FROM LOCAL INGREDIENTS TO MAKE SURE YOUR DAY KICKS OFF ON A HEALTHY AND TASTY NOTE. PLEASE ASK OUR STAFF FOR TODAY'S FLAVOUR



## THAI COOKING DISCOVERY

A tailor-made experience for you and your partner. A visit to the morning market with your own chef as a tour guide.

A hands-on, Thai-inspired cooking class. Enjoy the chatter of our chef and the invigorating scents of your creation. 24-hour prior booking is required.

THB 4,400 FOR 2 COURSES / THB 5,350 FOR 3 COURSES

## DOWNLOAD OUR APPLICATION & STAY CONNECTED WITH US

AKARYN Hotel Group App is your direct communication channel with us. Pre-arrival check-in & express check-out Personalise your stay with wellness options Advance spa booking to get your preferred time Chat with our staff in 26 languages - in real time Check out our activity and restaurant menus and plan your stay in advance Experience Aleenta@Home and enjoy exclusive content including guided meditation, yoga practices, healthy recipes and more.



### ทำใจต้อง ภูมิใจ AKARYN APPLICATION?

AKARYN App เป็นช่องทางที่ง่ายและรวดเร็วที่สุดในการสื่อสารระหว่างคุณและโรงแรมของคุณ

- ทำการจองห้องพักล่วงหน้า
- ทำการจองสปาและบริการเสริม
- ทำการจองร้านอาหารและบาร์
- ทำการจองรถเช่า
- ทำการจองตั๋วเครื่องบิน
- ทำการจองรถเช่า
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บริการลูกค้า AKARYN APPLICATION โทร 02-111-1111

