

ESSENCE OF ASHRAM

*The Fusion of an Ashram Experience
in a Luxury Setting*

18 - 25 APRIL 2023

2 - 9 JUNE 2023

2 - 9 AUGUST 2023

2 - 9 SEPTEMBER 2023

2 - 9 OCTOBER 2023

2 - 9 NOVEMBER 2023

THB 9,900++ per person / night (double occupancy)

THB 12,900++ per person / night (single occupancy)

*Minimum 3 nights during the retreat dates

Essence of Ashram welcomes people from all over the world to share their interest in Yoga to inspire their learning with a consistent and ongoing focus on yoga, in an interactive and connected community, sharing ideas on one's yoga perspectives, and being guided through traditional yoga methods and philosophies.

This is a refined and luxury experience where guests will find abundant space, strength in connection with others, and the privacy to suit their needs.

A sublime and energising entry into traditional yoga methods, with generous support from expert yogis, to develop an evolving pathway to deeper yoga.

Includes:-

- 3 or more ashram-styled activities each day
- Full board wellness menu including vegan and plant-based options
- Round trip airport transfer



LED BY YOGI AAYUSH SHARMA



CONTACT US

T : +66 (0) 76 580 333

E: wellness@aleenta.com

Whatsapp Chat: +66 (0)62 245 7745



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