

WELLNESS STARTERS



'POR PIA SOT' ROLLS **PB, C** 200
Rice berry paper wrap, crispy organic veggies, garden herbs, Lime/ chili dipping



TOFU - LETTUCE MIANG KHAM WRAP - DIY 220
baby roman, toasted rice, shallots, lime, **PB** cilantro, crumbled tofu organic tamarind vinaigrette



HUMMUS TACO **PB, G** 300
Crispy corn taco, lettuce mix, in house made hummus, shallot, confit tomato guacamole salsa



CHIANG MAI STURGEON CEVICHE **PB, C** 340
Chiang Mai Sturgeon fillet, 'Leche de tigre' dressing, steamed corn sweet potatoes, avocado, shallots, whole wheat tortilla

KETO PLA CHON **N** 320
Nan river chana argus 'Pla Chon' fish fillet crushed Chiang Mai avocado soft quail eggs, pecan nuts.



WELLNESS BOWLS



HIGHPRO BOWL **N, PB** 260
Chickpeas, black beans, Local craft soft tofu, tempeh, steamed buckwheat seeds, peanut, organic gluten free soya & sesame dressing



ALEENTA POKE BOWL **N, PB** 320
Organic berry rice, avocado, steamed Chiang Mai farm sturgeon fillet, wakame, beetroot, carrots, edamame, miso gochujang sauce, black sesame



SUPERFOOD BOWL **N, PB** 270
Quinoa, chia, spirulina, purple potato, flaxseeds, walnut, avocado, goji berry virgin coconut oil, lemon shallots & pineapple organic vinegar

WESTERN STARTERS



CAPRESE DI BUFALA **V** 320
Bangkok dairy farm buffalo mozzarella 'ciliegini', organic cherry tomatoes, Basil leaves, virgin oil, crispy bread



NIÇOISE SALAD **S** 270
Thai French beans, heirloom Tomatoes, Hard Boiled Quail's Egg, New Potato, Anchovy, Thai tuna, Black Olives, Lemon Vinaigrette



CLASSIC CAESAR **G, P** 280
Baby Romaine lettuce, tangy Caesar dressing, quail eggs, crispy bacon, croutons, shaving Chiang Mai parmesan
Chicken 320
Grilled king prawns 350

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WESTERN STARTERS



BUFFALO WINGS **G,C,D** 220
Crispy free range chicken wings in spicy buffalo coating & classic ranch dressing

SOUP OF THE DAY 240
Today chef's soup selection direct from fresh delivered market goodies (Please ask our service team for the daily selection)



THAI CLASSICS



TOM YUM GOONG MAENAM **S,C** 360
Hot & sour clear soup with river prawns, lemongrass, galangal & shallots, steamed jasmine rice



TOM KHA KAI BAAN 260
Hot and sour free range chicken coconut soup, straw-mushroom, heirloom cherry tomatoes, steamed jasmine rice



SATAY CHICKEN **N,S** 300
BEEF or RIVER PRAWN 340
Char grill chicken tender skewers marinated in turmeric and garlic, peanut chili dipping



PAD THAI GOONG **S,N** 370
Wok sautéed Flat rice noodles with king prawns and chili tamarind sauce



KAO PAD KAI **S** 320
Wok sautéed jasmine rice and free range chicken or Prawns or seafood 390



GENG KIEW WAAN GREEN CURRY **C** 350
Hot and sour Coconut green curry with free range chicken, steamed jasmine rice with Prawns or seafood **S** 390



KAO OB ZAPAROT PINEAPPLE RICE **S,N** 340
Wok sautéed jasmine rice, Prawns, cashew nuts, raisins, turmeric seasoning and pineapple



GAI PAD MED MAMUANG **N** 320
Wok fried free range chicken with cashew nuts, bell pepper & veggies, chili oyster sauce

KAO SUAE RUE KHAO BERRY Jasmine steamed rice or Berry rice **PB** 60

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A TASTE OF THE LANNA KINGDOM (Northern delicacies)

SET AĦAN NEUA **P, C** 590
Northern appetizer set (for 2 or more to share)
Nam Prick Noom, Nam Prik Oong, Sai Oua Moo,
Keb Moo, pack neung, pack sod
Roasted green chili relish,
spicy minced pork and tomato,
Northern grilled sausage,
crispy pork rind,
steamed & fresh organic veggies
steamed jasmine rice



LARB NEUA **P, C** 300
Spicy Minced pork salad Northern style with sticky rice
steamed jasmine rice



YAAM MAKUA YAAO GOONG MAE NHAM **S** 340
Eggplant salad, poached river prawns, quail eggs,
minced chicken



GAENG PLA CHON **C** 300
Channa argus 'pla chon' fish fillet in Northern hot and
sour curry soup, steamed jasmine rice



GAENG HANG LAY **P** 350
Aromatic Northern slow cooked pork mild curry,
steamed jasmine rice



MIANG KHAM **N, S** 300
DIY betel leaves parcel with: ginger, chili, dry shrimps,
shallots, lime, peanut sweet & sour tamarind dipping

KHAO SOI **C, G**
Chiang Mai Signature mild curry noodles

Chicken (stew & sous vide) 320
Slow cooked beef 360
Artisanal tofu & organic veggies 290

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FROM THE OLD WORLD WITH 'LANNA' TWIST



CHAR GRILLED RIVER PRAWN **G, S** 650
with Khao soi angel hair pasta,
roasted pepper relish & steamed greens



ROASTED RIVER 'PLACHON' FISH FILLET 580
'Pla'chon' Fish fillet lemon grass, Ginger, Garlic & LANNA
herbs marinade Chiang Mai organic Heirloom's tomato
& garden roasted veggies in Hua Hin white wine
(Allow 20 minutes)



FREE RANGE ORGANIC ROAST CHICKEN **D** 560
Pan roasted Sirin farm half spring chicken in
LANNA spices, wok sauteed broccolini,
Nam prik num' mashed potato (spicy)

FROM THE CHAR GRILL

Chiang Mai grain-fed Charolais Tenderloin 220 g 1250

Chiang Mai grain-fed Charolais Rib Eye 250g 1050

Chiang Mai organic farm raised Buffalo Tenderloin 280g 750

PLEASE SELECT YOU SAUCE & SIDES

SAUCES

Roasting gravy **G**, "Nam Jim Jaew" **C**, green pepper sauce **D**
Chimichurri, Grain & Dijon Mustard, Garlic, herbs & butter **D**

SIDES (SELECT UP TO 2 ITEMS)

Steak fires, String fries, Mashed potatoes **D**, Organic mix salad
cauliflower au gratin **D**



ORGANIC FARMED GRAIN FED CHAROLAIS BEEF **D** 1150
(CHIANG MAI FARM)

Seared rib-eye 'Tagliata' Italian style with organic rocket,
local produce parmesan cheese shaving sauteed new potatoes,
cherry tomatoes, mulberry & organic coconut cider vinegar dressing

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PASTA



CARBONARA **P, D, G** 330
Spaghetti, pecorino & Chiang Mai parmesan cheese, crispy guanciale, black pepper, egg yolk, cream



ANGEL HAIR MARINARA **S, G** 420
Thin spaghetti with medley catches of the day seafood, olive oil, garlic, cherry tomatoes and chili flakes



BOLOGNESE **G, D** 340
Penne short pasta, beef bolognese sauce
Chiang Mai parmesan cheese

PIZZA



QUEEN 'MARGERITA' **G, D** 350
Tomato Sauce, Buffalo Mozzarella, Basil

VEGAN WITH LOVE **G** 290
Medley Of Roasted Veggies, Marinated Tofu, Tomato sauce

VOLCANO **G, D, C** 390
Fresh Chorizo, Spicy Salami, Nduja Spicy Smoked Sausage
Tomato Sauce, Mozzarella

FROM THE GULF OF SIAM **G, D, S** 450
Medley Seafood Catch of the Day (Calamari, Prawn, Mussel),
Tomato Sauce, Mozzarella

KRAPRAO MOO **G, D** 340
Tomato sauce, wok sauteed pork with garlic, holy basil,
vegan oyster sauce, chili & mozzarella

K H I M A C **G** 340
Tomato sauce, all veggies & mushrooms, hot peppers & deepfried basil

**Gluten free pizza available upon request*

ON BETWEEN BREAD



"KAO SOI" CHICKEN WRAP **G, D** 320
Whole wheat tortilla bread, char grilled marinade
sous-vide chicken Khao soi ranch dressing,
veggies & lettuce

THE ALEENTA BURGER **G, N** 410
Char seared Charolais Chiang Mai beef patty, brioche bun,
bacon & onion relish, Worcester -Marmite mature cheddar,
tomato lettuce & 'nam-jim' mayo, served with shoe string-
fries or tater tots

VEGAN BURGER **G, PB, N** 340
Plant based bun, seitan & beans patty, Chiang Mai avocado,
lettuce, confit tomato & homemade harissa plant-based mayo
served with shoe strings fries or tater tots



ALEENTA CLUB **G, P** 340
brown toast, sous vide chicken, crispy bacon,
red onion, cucumber, tomato, easy over egg



CHOOSE YOUR SIDES: SHOESTRING, STEAK FRIES, TATER TOTS OR MIXED SALAD

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DESSERTS

Gluttony Without Guilt (vegan & gluten free)



COCONUT KAFFIR LIME CREME BRULE **D** 240
Organic coconut with kefir lime crème Brule and passion fruit sorbet



Lime & matcha **PB, N** **G** 240
Raw cake biscuit, Chiang Mai organic matcha tea, lime, cashew nut



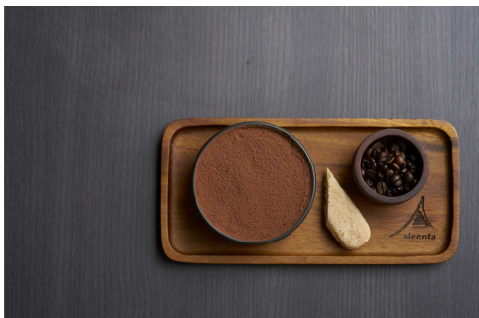
'LANNA' STYLE desserts tastin **G PB, N** 240
5 Chiang Mai artisanal dessert selection, fresh from the market (selection is made daily on market availability)



Glow Bowl **G PB** 270
Chiang Mai strawberry with avocado, watermelon, mango, papaya, apple & berries



Sorbet **G PB** per scoop 100
low glycemic content, with monk fruit sweetener
coconut, mango, mulberry, banana
Ice (nondairy) cream **G PB** per scoop 100
low glycemic content, with monk fruit sweetener
Vanilla, coffee, chocolate, cashew nut **N**, strawberry
ARTISANAL ICE CREAM **D, N** 100
strawberry | dark chocolate | organic vanilla | cookies & cream



TIRAMISU **D, G** 340
Mascarpone cheese mousse, ladyfinger biscuits dipped in Chiang Mai's arabica bean espresso coffee & organic cocoa powder



TROPICAL FRUIT **G PB** 220
seasonal sliced tropical fruit selections



MANGO STICKY RICE **N** 260
Yellow mango, sweet sticky rice, coconut cream, sesame seeds

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