

THE GARDEN

LOCAL - SUSTAINABLE - ORGANIC

BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY. HERE AT ALENTA RETREAT CHIANG MAI WE ARE SERVING A CHOICE OF A LA CARTE DISHES IN ADDITION TO OUR CONTINENTAL BUFFET. PLEASE FEEL FREE TO CHOOSE ANY TWO OF THE BELOW ITEMS FOR YOUR BREAKFAST.

DRINKS

Coffee

Espresso, DB Espresso, Americano, Latte, Cappuccino, Cocoa

Tea

English Breakfast Ceylon, Highland Oolong, Sencha Shizuoka Summer, Earl Grey Ceylon FBOP, Green Pepper Mint, Whole Chamomile, Superior Jasmine, Organic Rooibos

ASIAN BREAKFAST



PHAD SEE EIW P 220
Stir-Fried Rice Noodles with Pork, Chicken or Vegetables



KUAY TIEW 200
Noodle Soup with Chicken, Pork or Vegetables

KHAO TOM 210

Pork or chicken, boiled rice
chicken broth, herbs, condiments

JOK MOO KAI ONSEN P 250

Rice porridge, pork, ginger, spring onion, onsen egg



KHAO NA GOON CHIANG P 220
Steamed rice, Chinese sausage, minced pork
dark soy sauce, Korean marinated egg yolk



RICEBERRY CONGEE PB N 160
Soft tofu, chia seeds, ginger, coriander, scallions,
crispy garlic & shallot

KHAY JEAU MOO OR KAI P 180
Thai frittata with minced pork or chicken
steamed jasmine rice and sweet chili sauce

ALL PRICES ARE SET IN THAI BAHT AND SUBJECT TO 10% SERVICE CHARGE AND 7% VAT

N Contain Nuts, **V** Vegetarian, **PB** Plant Based/Vegan, **P** Contain Pork

EGG DISHES



© INNAN OUIE BOLL WAFFLES
 Cream cheese gaze, pomegranate seeds,
 caramelized apple cubes



TWO EGGS ANY STYLE 220

Fried, Scrambled, Omelet, Poached or Boiled

Add Up to 3 items: Sausage, Bacon, Hash Browns, Roast Cherry Tomatoes, Sautéed Mushroom, Baked Beans



EGGS BENEDICT P 250

Poached Egg, English Muffin, Hollandaise Sauce,
 Ham or Bacon



ORGANIC EGGS WHITE FRITTATA V 220

Spirulina, Roast Cherry Tomato, Poached Greens



MICHAL'S SHAKSHUKA V 220

Poached Egg in Spiced Tomato & Chili Pepper Sauce



MULTIGRAIN Bread V N 240

smashed avocado salsa,
 Organic Poached Eggs, Chia Seeds

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WESTERN BREAKFAST



ALEENTA FRENCH TOAST V 220
caramelized banana, seasonal fruits



CINNAMON TOFFEE APPLE WAFFLE V N 190
crispy cinnamon roll waffle with toffee
caramelized apple and fresh fruit



HOMEMADE DAIRY FREE COCONUT YOGHURT
Artisan Granola, wild honey V N 220



SWISS BIRCHER MUESLI PB N 180
banana, rolled oats, fresh apple, puree, yoghurt



PANCAKES V 240
Warm maple butter, seasonal fresh fruits

NUTELLA BANANA ROTI V 180
Fried roti, chocolate sauce, banana

BEETROOT PLANT BASED YOGURT PB N 170
With homemade granola, seasonal fruits & berries



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