

THE GARDEN

LOCAL - SUSTAINABLE - ORGANIC

At The Garden, we offer a carefully curated selection of freshly prepared breakfast items, with 95% of our ingredients sourced locally from sustainable and organic producers. To minimize food waste, we recommend ordering a maximum of 2 dishes per person at a time, which provides a balanced and nutritious start to the day. Additional items can be ordered upon request. Our continental buffet further includes a variety of options, such as daily fresh-pressed detox juices, locally sourced cheeses and cold cuts, as well as a selection of fresh fruits and salads.

Enjoy your meal and have a wonderful day.

The Aleenta Team

在"花园"餐厅,我们提供精心策划的新鲜早餐菜品,95%的食材来自本地可持续和有机生产商。为了减少食物浪费,我们建议每人最多点2道菜,这可以为您提供均衡且营养的一天开始。您也可以根据需求点击附加菜品。

我们的欧陆式自助餐还包括各种选择,如每日现榨的解毒果汁、本地优质奶酪和冷切肉品,以及各种新鲜水果和沙拉。

祝您用餐愉快,度过美好的一天。

Aleenta 团队敬上

The Garden에서는 신선하게 준비된 다양한 조식 메뉴를 선보입니다. 전체 식재료의 95%는 지역의 지속 가능하고 유기농 업체에서 공급받고 있습니다. 음식물 낭비를 줄이기 위해 한 번에 최대 2개 메뉴를 주문하실 것을 권장드립니다. 이는 균형 잡힌 건강한 아침 식사를 제공합니다.

추가 주문은 언제나 가능합니다.

또한 당사의 뷔페에서는 신선한 제철 과일과 샐러드, 현지에서 공수한 치즈와 콜드컷, 그리고 매일 신선하게 짜낸 디톡스 주스 등 다양한 선택지를 만나보실 수 있습니다.

즐거운 식사 되시기를 바랍니다.

Aleenta 팀 드림

BEVERAGES

COFFEE

- Espresso
- Double Espresso
- Americano
- Cappuccino
- Latte
- Flat White

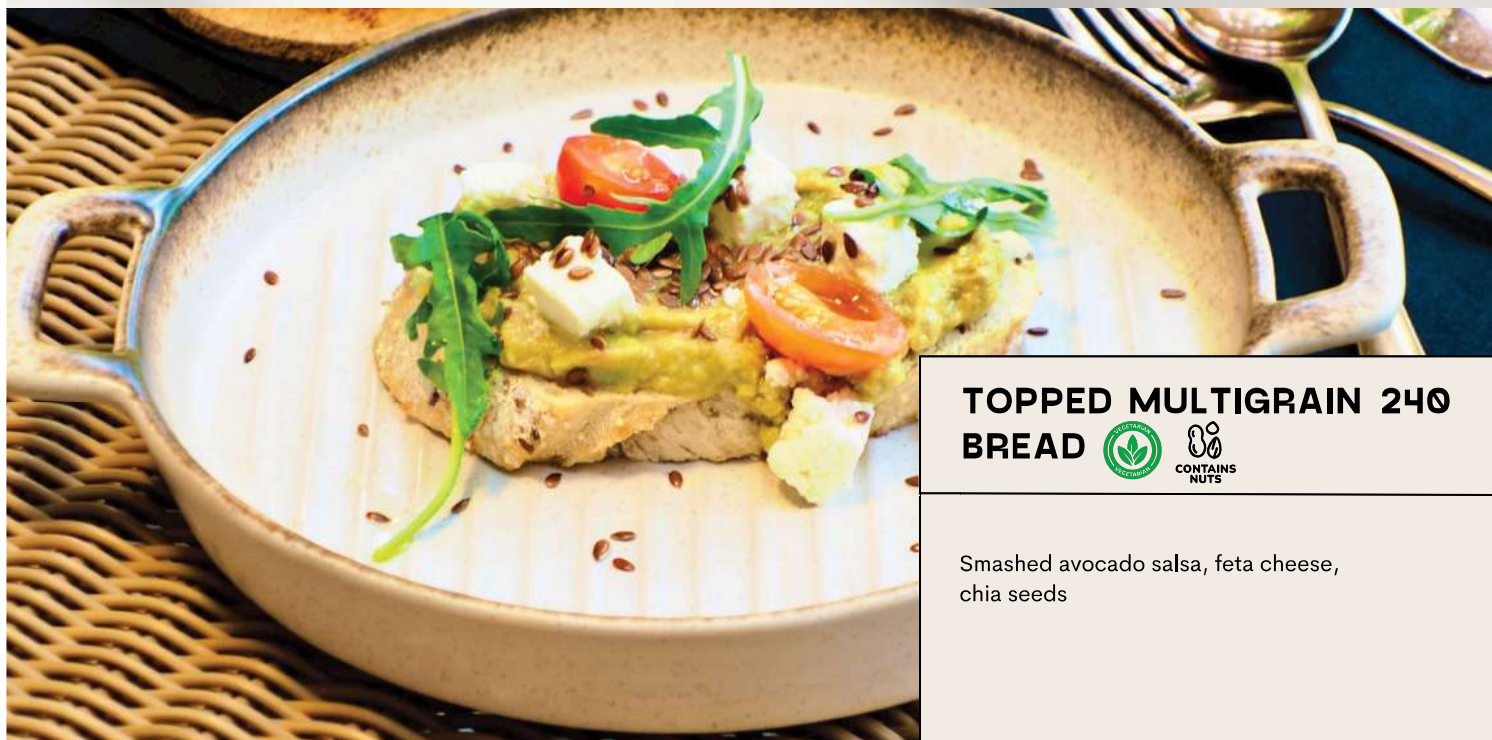
TEA

- English Breakfast
- Jasmine
- Sencha Green Tea
- Earl grey
- Mint
- Oolong
- Chamomile
- Rooibos
- Thai Milk Tea

Coffee and Tea are either locally sourced and/or from fair trade

ALL PRICES IN THE MENU ARE SET IN THAI BAHT AND SUBJECT TO 10% SERVICE CHARGE AND 7% VAT

HEALTHY DISHES



TOPPED MULTIGRAIN BREAD 240



Smashed avocado salsa, feta cheese, chia seeds

HOMEMADE DAIRY FREE COCONUT YOGHURT

220

Homemade granola, honey, dairy free coconut yogurt



FLAXSEED & QUINOA PORRIDGE

210

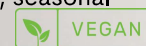
Organic flaxseeds & quinoa in almond milk, pumpkin seeds, goji berry, moringa powder, sun dried Chiang Mai strawberry



BEETROOT PLANT BASED YOGHURT

170

With homemade granola, seasonal fruits, berries



SWISS BIRCHER MUESLI

180

Rolled oats, yogurt and seasonal fresh fruit



ASIAN FLAVORS



KHAO NA GOON 220 CHIANG



Steamed rice, Chinese sausage,
minced pork, dark soy sauce,
Korean marinated organic egg yolk



KHAO TOM 210

Pork or chicken, boiled rice, chicken broth,
herb, condiments

JOK MOO KAI ONSEN 250



Rice porridge, pork, ginger, spring onion,
onsen egg



PHAD SEE EIW 220

Stir-fried rice noodle with your choice of
pork, chicken or vegetables



KUAY TIEW 200

Noodle Soup with choice of chicken,
pork or vegetables

ASIAN FLAVORS



THAI CHICKEN RICE



250

poached chicken and seasoned rice, served with soy bean and ginger sauce

RICEBERRY CONGEE



VEGAN



CONTAINS
NUTS

160

Soft tofu, chia seeds, ginger, coriander, scallions, crispy garlic and shallot

KAI - GRA - TA



220

Pan fried egg, Chinese sausage, minced pork, ham

KHAO NIEW KAI YANG

220

Classic Thai dish consisting of marinated grilled chicken served with sticky rice and chili tamarind sauce



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EGG SELECTIONS

EGGS BENEDICT 250

Poached Chiang Mai organic eggs, English muffin, Hollandaise sauce, smoked salmon



EGGS ANY STYLE | SCRAMBLED, OMELET, POACHED, BOILD or THAI OMELET 220

Add up to 3 items: sausage, bacon, hash brown, roasted cherry tomatoes, sauteed mushrooms, baked beans



MICHAL'S SHAKSHUKA 220



Poached organic egg in spiced tomato and chili pepper sauce



ORGANIC EGG WHITE FRITTATA 220



Spirulina, roasted cherry tomato, poached greens



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SWEETS



**CINNAMON
TOFFEE APPLE
WAFFLE**   **190**

Crispy cinnamon roll waffle with toffee caramelized apple and fresh fruit



PANCAKE  **240**

Pancake, maple syrup and fresh fruit



**NUTELLA
BANANA ROTI**  **180**

Fried roti, Nutella sauce, and banana



**ALEENTA
FRENCH TOAST** **250**

French toast, caramelized banana, fresh fruit and honey