

WELLNESS STARTERS



'POR PIA SOT' ROLLS **PB, C**
Rice berry paper wrap, crispy organic veggies, garden herbs, Lime/ chili dipping



TOFU - LETTUCE MIANG KHAM WRAP - DIY
baby romaine, toasted rice, shallots, lime, **PB**
cilantro, crumbled tofu organic tamarind vinaigrette



HUMMUS TACO **PB, G**
Crispy corn taco, lettuce mix, in house made hummus, shallot, confit tomato guacamole salsa



CHIANG MAI STURGEON CEVICHE **PB, C**
Chiang Mai Sturgeon fillet,
'Leche de tigre' dressing, steamed corn
sweet potatoes, avocado, shallots
, whole wheat tortilla

KETO PLA CHON **N**
Nan river chana argus 'Pla Chon' fish fillet
crushed Chiang Mai avocado
soft quail eggs, pecan nuts.



WELLNESS BOWLS



HIGH PRO BOWL **N, PB**
Chickpeas, black beans, Local craft soft tofu,
tempeh, steamed buckwheat seeds,
peanut, organic gluten free soya
& sesame dressing



ALEENTA POKE BOWL **N, PB**
Organic berry rice, avocado,
steamed Chiang Mai farm sturgeon fillet,
wakame, beetroot, carrots, edamame,
miso gochujang sauce, black sesame



SUPERFOOD BOWL **N, PB**
Quinoa, chia, spirulina, purple potato,
flaxseeds, walnut, avocado, goji berry
virgin coconut oil, lemon
shallots & pineapple organic vinegar

WESTERN STARTERS



CAPRESE DI BUFALA **V**
Bangkok dairy farm buffalo mozzarella 'ciliegini',
organic cherry tomatoes, Basil leaves,
virgin oil, crispy bread



NIÇOISE SALAD **S**
Thai French beans, heirloom Tomatoes,
Hard Boiled Quail's Egg, New Potato, Anchovy, Thai tuna,
Black Olives, Lemon Vinaigrette



CLASSIC CAESAR **G, P**
Baby Romaine lettuce, tangy Caesar dressing,
quail eggs, crispy bacon, croutons,
shaving Chiang Mai parmesan
Chicken
Grilled king prawns

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WESTERN STARTERS



BUFFALO WINGS G,C,D
Crispy free range chicken wings in spicy buffalo coating & classic ranch dressing

SOUP OF THE DAY
Today chef's soup selection direct from fresh delivered market goodies (Please ask our service team for the daily selection)



THAI CLASSICS



TOM YUM GOONG MAENAM S,C
Hot & sour clear soup with river prawns, lemongrass, galangal & shallots, steamed jasmine rice



TOM KHA KAI BAAN
Hot and sour free range chicken coconut soup, straw-mushroom, heirloom cherry tomatoes, steamed jasmine rice



SATAY CHICKEN N,S
BEEF or RIVER PRAWN
Char grill chicken tender skewers marinated in turmeric and garlic, peanut chili dipping



PAD THAI GOONG S,N
Wok sautéed Flat rice noodles with king prawns and chili tamarind sauce



KAO PAD KAI S
Wok sautéed jasmine rice and free range chicken or Prawns or seafood



GENG KIEW WAAN GREEN CURRY C
Hot and sour Coconut green curry with free range chicken, steamed jasmine rice with Prawns or seafood S



KAO OB ZAPAROT PINAPPLE RICE S,N
Wok sautéed jasmine rice, Prawns, cashew nuts, raisins, turmeric seasoning and pineapple



GAI PAD MED MAMUANG N
Wok fried free range chicken with cashew nuts, bell pepper & veggies, chili oyster sauce

KAO SUAE RUE KHAO BERRY Jasmine steamed rice or Berry rice **PB**

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A TASTE OF THE LANNA KINGDOM (Northern delicacies)

SET AHAN NEUA **P, C**

Northern appetizer set (for 2 or more to share)
 Nam Prick Noom, Nam Prik Oong, Sai Oua Moo,
 Keb Moo, pack neung, pack sod
 Roasted green chili relish,
 spicy minced pork and tomato,
 Northern grilled sausage,
 crispy pork rind,
 steamed & fresh organic veggies
 steamed jasmine rice



LARB NEUA **P, C**

Spicy Minced pork salad Northern style with sticky rice
 steamed jasmine rice



GAENG PLA CHON **C**

Channa argus 'pla chon' fish fillet in Northern hot and
 sour curry soup, steamed jasmine rice



GAENG HANG LAY **P**

Aromatic Northern slow cooked pork mild curry,
 steamed jasmine rice

YAAM MAKUA YAAO GOONG MAE NHAM **S**

Eggplant salad, poached river prawns, quail eggs,
 minced chicken



MIANG KHAM **N, S**

DIY betel leaves parcel with: ginger, chili, dry shrimps,
 shallots, lime, peanut sweet & sour tamarind dipping

KHAO SOI **C, G**

Chiang Mai Signature mild curry noodles

Chicken (stew & sous vide)
 Slow cooked beef
 Artisanal tofu & organic veggies

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FROM THE OLD WORLD WITH 'LANNA' TWIST



CHAR GRILLED RIVER PRAWN **G, S**
with Khao soi angel hair pasta,
roasted pepper relish & steamed greens



ROASTED RIVER 'PLACHON' FISH FILLET
'Pla'chon' Fish fillet lemon grass, Ginger, Garlic & LANNA
herbs marinade Chiang Mai organic Heirloom's tomato
& garden roasted veggies in Hua Hin white wine
(Allow 20 minutes)



FREE RANGE ORGANIC ROAST CHICKEN **D**
Pan roasted Sirin farm half spring chicken in
LANNA spices, wok sauteed broccolini,
Nam prik num' mashed potato (spicy)

FROM THE CHAR GRILL

Chiang Mai grain-fed Charolais Tenderloin 220 g

Chiang Mai grain-fed Charolais Rib Eye 250g

Chiang Mai organic farm raised Buffalo Tenderloin 280g

PLEASE SELECT YOU SAUCE & SIDES

SAUCES

Roasting gravy **G**, "Nam Jim Jaew" **C**, green pepper sauce **D**
Chimichurri, Grain & Dijon Mustard, Garlic, herbs & butter **D**

SIDES (SELECT UP TO 2 ITEMS)

Steak fires, String fries, Mashed potatoes **D**, Organic mix salad
cauliflower au gratin **D**



ORGANIC FARMED GRAIN FED CHAROLAIS BEEF **D** (CHIANG MAI FARM)

Seared rib-eye 'Tagliata' Italian style with organic rocket,
local produce parmesan cheese shaving sauteed new potatoes,
cherry tomatoes, mulberry & organic coconut cider vinegar dressing



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PASTA



CARBONARA **P, D, G**
Spaghetti, pecorino & Chiang Mai parmesan cheese, crispy guanciale, black pepper, egg yolk, cream



ANGEL HAIR MARINARA **S, G**
Thin spaghetti with medley catches of the day seafood, olive oil, garlic, cherry tomatoes and chili flakes



BOLOGNESE **G, D**
Penne short pasta, beef bolognese sauce
Chiang Mai parmesan cheese

PIZZA



QUEEN 'MARGERITA' **G, D**
Tomato Sauce, Buffalo Mozzarella, Basil

VEGAN WITH LOVE **G**
Medley Of Roasted Veggies, Marinated Tofu, Tomato sauce

VOLCANO **G, D, C**
Fresh Chorizo, Spicy Salami, Nduja Spicy Smoked Sausage
Tomato Sauce, Mozzarella

FROM THE GULF OF SIAM **G, D, S**
Medley Seafood Catch of the Day (Calamari, Prawn, Mussel),
Tomato Sauce, Mozzarella

KRAPRAO MOO **G, D**
Tomato sauce, wok sauteed pork with garlic, holy basil,
vegan oyster sauce, chili & mozzarella

K H I M A C 
Tomato sauce, all veggies & mushrooms, hot peppers & deepfried basil

**Gluten free pizza available upon request*

ON BETWEEN BREAD



"KAO SOI" CHICKEN WRAP **G, D**
Whole wheat tortilla bread, char grilled marinated sous-vide chicken Khao soi ranch dressing, veggies & lettuce

THE ALEENTA BURGER **G, N**
Char seared Charolais Chiang Mai beef patty, brioche bun, bacon & onion relish, Worcester -Marmite mature cheddar, tomato lettuce & 'nam-jim' mayo, served with shoe string-fries or tater tots

VEGAN BURGER **G, PB, N**
Plant based bun, seitan & beans patty, Chiang Mai avocado, lettuce, confit tomato & homemade harissa plant-based mayo served with shoe strings fries or tater tots



ALEENTA CLUB **G, P**
brown toast, sous vide chicken, crispy bacon, red onion, cucumber, tomato, easy over egg



CHOOSE YOUR SIDES: SHOESTRING, STEAK FRIES, TATER TOTS OR MIXED SALAD

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DESSERTS

Gluttony Without Guilt (vegan & gluten free)



COCONUT KAFFIR LIME CREME BRULEE **D**
Organic coconut with kefir lime crème Brulee and passion fruit sorbet



Lime & matcha **PB, N** **G**
Raw cake biscuit, Chiang Mai organic matcha tea, lime, cashew nut



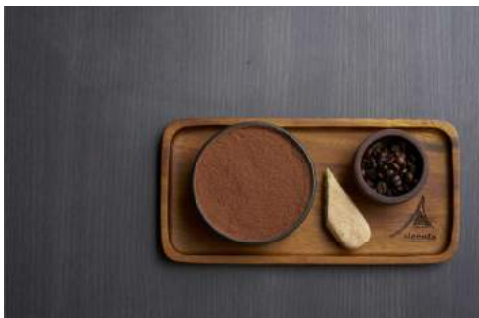
'LANNA' STYLE desserts tasin **G** **PB, N**
5 Chiang Mai artisanal dessert selection, fresh from the market (selection is made daily on market availability)



Glow Bowl **G** **PB**
Chiang Mai strawberry with avocado, watermelon, mango, papaya, apple & berries



Sorbet **G** **PB** per scoop
low glycemic content, with monk fruit sweetener
coconut, mango, mulberry, banana
Ice (nondairy) cream **G** **PB** per scoop
low glycemic content, with monk fruit sweetener
Vanilla, coffee, chocolate, cashew nut **N**, strawberry
ARTISANAL ICE CREAM **D, N**
strawberry | dark chocolate | organic vanilla | cookies & cream



TIRAMISU **D, G**
Mascarpone cheese mousse, ladyfinger biscuits dipped in Chiang Mai's arabica bean espresso coffee & organic cocoa powder



TROPICAL FRUIT **G** **PB**
seasonal sliced tropical fruit selections



MANGO STICKY RICE **N**
Yellow mango, sweet sticky rice, coconut cream, sesame seeds

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