

A LA CARTE BREAKFAST

GUIDED BY AYURAH WELLNESS

- LONGEVITY-FOCUSED NOURISHMENT

Ingredient-led, seasonal, and consciously prepared.

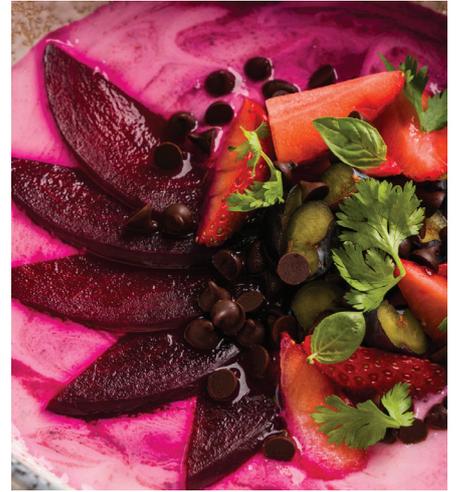
Our menu supports daily vitality through balanced nutrition, gentle cooking methods, and responsible sourcing.

BOWLS, CUPS & PORRIDGE (À la carte)

- BERRY BOWL - THB 320
Greek yoghurt · Berries · Chia seeds · Beetroot · Coriander
- TROPICAL YOGHURT BOWL - THB 300
Greek yoghurt · Papaya · Pineapple · Pumpkin
· Ginger · Basil · Sunflower seeds
- GREEN AVOCADO BOWL - THB 350
Avocado · Kiwi · Celery · Chia seeds · Matcha · Almond milk
- OAT PORRIDGE - THB 280
Slow-cooked oats · Pear · Cinnamon · Honey

SOURDOUGH TOAST (À la carte)

- AVOCADO CLASSIC - THB 260
Avocado crème · Cherry tomato · Chilli flakes · Little gem
- AVOCADO & SCRAMBLED EGG - THB 320
Soft scrambled egg · Avocado slices · Basil · Goat cheese
- ZUCCHINI & RICOTTA - THB 280
Zucchini salad · Ricotta · Honey · Almonds
- SMOKED SALMON - THB 360
Cream cheese · Smoked salmon · Cucumber · Dill crème · Boiled egg
- FRENCH TOAST - THB 300
Banana bread · Peanut butter · Jam · Maple syrup



E/R/N

“ERN – Gather. Share. Harvest.”

EGGS (included in Room Breakfast)

- CLASSIC SCRAMBLED EGGS - THB 280
Chive oil · Cherry tomato · Spring onion

OMELETTES

- MUSHROOM OMELETTE - THB 300
- GOAT CHEESE & TOMATO OMELETTE - THB 320
Pesto · Rocket
- CLASSIC OMELETTE - THB 280
- FARMER'S HAM & POTATO OMELETTE - THB 340

EGG DISHES

- EGGS BENEDICT - THB 360
English muffin · Ham · 65°C egg · Hollandaise · Avocado crème
- EGGS FLORENTINE - THB 420
English muffin · Smoked salmon · Spinach · 65°C egg · Béarnaise

BAKERY & MORNING ESSENTIALS

(included in Room Breakfast)

- ARTISANAL PASTRIES (LOCAL SUPPLIER) - THB 120 PER PIECE
- GRANOLA / MUESLI / CORNFLAKES - THB 180
- SELECTION OF BREADS, MEATS & CHEESES - THB 320
- YOGHURT SELECTION - THB 180
- COFFEE OR TEA - THB 120
- FRESH FRUIT JUICE - THB 150

BREAKFAST INCLUSION & À LA CARTE

Guests who have booked room with breakfast may enjoy all egg dishes and morning essentials as part of their breakfast.

Should guests wish to order from the à la carte breakfast selection, an additional charge of THB 300 applies, allowing the choice of up to two (2) à la carte dishes.

Guests who have not booked breakfast may order **E / R / N** breakfast entirely à la carte, at the prices listed.

OUR PHILOSOPHY

Seasonal sourcing · Gentle preparation · Plant-forward balance
E / R / N - food that supports a life well lived.

www.theakya.com

Price are in Thai Baht and is subject to 10% service charge and 7% government tax

